

## ***Can home-based virtual reality games help with knee pain in osteoarthritis?***

**Cardiff University are looking for volunteers to take part in a research study using non-immersive virtual reality games to perform physiotherapy exercises for pain caused by knee osteoarthritis!**

- Are you aged 45 or older?
- Do you experience knee pain caused by osteoarthritis?
- Have you received no new treatment in the past 12 weeks?
- **You may be eligible for the SPIN-VR study!**

- The study involves being allocated to receive normal physiotherapy treatment, or to receive the virtual reality treatment that you perform at home over 12 weeks.

**If you are interested and want more information, please contact Denise Nistor on 029 2251 4783 or email [NistorD@cardiff.ac.uk](mailto:NistorD@cardiff.ac.uk). Alternatively, use the QR code below:**

